



Revolution Yoga: Brand Description + Founder Bio

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Short (1 sentence)

Revolution Yoga is a yoga and wellness community in Rockville Centre, NY, rooted in conscious living, ancient wisdom, community care and modern accessibility since 2010.

Medium (1 paragraph)

Founded in 2010, Revolution Yoga is a Long Island yoga and wellness studio offering yoga classes, teacher trainings, Ayurveda, meditation, workshops, retreats and community-centered wellness experiences. The studio blends ancient yogic teachings with modern life through accessible, intelligent and deeply human offerings designed to support growth, healing and connection. Voted Best Yoga Studio of Long Island 2017–2023.

Long

Revolution Yoga began in 2010 in a former Rockville Centre bookstore and grew into one of Long Island's best-known yoga communities, known for its strong community culture, philosophical depth, inclusive atmosphere and evolving wellness ecosystem. Its offerings span in-studio and online classes, a members' archive of more than 1,700 classes and teachings, Yoga Alliance registered teacher trainings (200-hour, 300-hour, prenatal, restorative, yin, meditation, sound healing and more), Ayurveda and holistic healing services, workshops, retreats and donation-based community classes. Through donation-based offerings and special events, the studio donated more than \$5,000 last year to local and global organizations supporting wellness, education, humanitarian aid, animal welfare and community support.

Founder: Amanda DiGiovanna

Amanda DiGiovanna is the founder of Revolution Yoga, a yoga teacher, Ayurvedic practitioner and educator whose work focuses on making ancient teachings accessible and relevant to modern life. Her work blends yoga, Ayurveda, meditation, philosophy and community-centered wellness through classes, trainings, retreats and educational offerings.

Social + web

Website: revolution-yoga.com · Instagram and TikTok: @revolutionyogaofficial

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